

« Winter 2026 »

Magruder Hospital • 615 Fulton Street • Port Clinton, Ohio 43452 • 419-734-3131 • magruderhospital.com



MONTHLY LAB SCREENING

Magruder's monthly community lab screening is held on the 2nd Thursday each month, between 8am and 11:30am. The lab screening is held in the Magruder Conference Center at 615 Fulton Street in Port Clinton. Participants can enter through the Main Entrance at the front of the hospital and take the Conference Center Elevator up to 1.

The main testing includes: CBC, CMP & Lipid Profile: includes liver and kidney function, fasting blood sugar, cholesterol, HDL/LDL, Triglycerides

and a complete blood count (red blood cells, white blood cells, and platelets in the blood) for \$50.

We are also offering add-ons that you can add to the testing above, or request on their own:

Lipid Profile: \$20

Hemoglobin A1C: \$20

PSA (Prostate Specific Antigen): \$30

TSH (Thyroid Stimulating Hormone): \$25 (NEW)

Vitamin D: \$35 (NEW)

Appointments are required and can be made by calling 419-301-4304.

Participants are asked to fast for 12 hours prior to their appointment time, but can have water. No insurance accepted – payment can be made by cash, check or credit card (no American Express).

This screening is also offered on Put-in-Bay the first Friday each month at the PIB Fire Department 199 Concord Ave. from 9:00am to 1:00pm. Contact Magruder's Cashier Office to pre-pay by credit card: 419-734-3131 ext. 3508.

VIP ON-THE-GO TRIPS



Magruder VIP trips are not limited to just VIP members - family and friends, as well as, the general public, may participate in the trips. For further information or reservations contact Mary Ann at 419.656.3947 or Kim at kpalmer@magruderhospital.com

Ohio's Amish Country Tour - April 22, 2026 \$129 per person

New Orleans - May 17-23, 2026 \$907 per person double occupancy

Greenfield Village - May 20, 2026 \$135 per person

Neil Diamond Tribute - June 18, 2026 \$185 per person

Myrtle Beach Show Trip - October 5-10, 2026 \$783 per person double occupancy

Cuyahoga Train Trip - October 16, 2026 \$149 per person

South Pacific in February 2027

South Africa, Victoria Falls, Botswana in April 2027

Quebec in June 2027

England in December 2027

VOLUNTEERS

Would you like learn more about volunteering at Magruder Hospital? For more information, reach out to Kathy at kgallogly@magruderhospital.com or 419-734-3131 ext. 3256.

Diabetes Get Togethers

2025-2026

January 15, 2026

Staying Active

April 2, 2026

Planning Weekly Meals

February 5, 2026

Stress Management Tips

May 7, 2026

Healthier Summer Desserts

March 5, 2026

Eating Healthy On a Budget

Diabetes Get Togethers meet one Thursday a month, September through May (except December) from 1-2pm in the Magruder Conference Center, 615 Fulton Street, Port Clinton.

Join us for free monthly discussions, led by one of our certified diabetes educators, that focus on a different topic every month.

Join us to learn, support one another, and share stories.

RSVP encouraged but not required to Tyler Alt RN, BSN, CDCES at 419-732-4088 or talt@magruderhospital.com



LINE DANCING

Line Dancing is offered in the Magruder Conference Center on Friday from 5:30pm to 7:00pm. Cost is \$5 per class. For questions, call 440-420-6061.

BLOOD DRIVES AT MAGRUDER

The American Red Cross will host blood drives at Magruder on Friday, January 2, 2026, and Friday, February 20, 2026 from 10am to 4pm. To schedule an appointment call 1-800-REDCROSS, visit www.redcrossblood.org or call 419-732-4061. You can always find nearby blood drives by going to that same website and entering your zip code.

Please seriously consider making a Power Red Donation.

- Help more patients.
- Smaller needle.
- Fluids returned to you during donation process.

MAGRUDER IN THE COMMUNITY

Magruder will be at the February 12th Senior Resources Senior Valentine Dance, and will be part of the Eldercare Resources Roundtable events at the Senior Centers. Magruder will also partner with the Ottawa County Health Department on a Walk with a Doc event, as well as a new Community Health Needs Assessment. And we look forward to providing some health lectures at Lakeside this summer.

FULTON STREET CAFE

Magruder Hospital will be undergoing a project in the Fulton Street Cafe kitchen area and will have limited service to the public between January 2, 2026 and approximately February 1, 2026. The plan is to offer all items in the food court area, but no hot items will be available. The last day for regular service will be Thursday, January 1, 2026 from 7am to 2pm. As we finalize details, we will be sure share them.



Cancer Get Togethers

2025-2026

January 28, 2026
Cancer Services of Erie County
Rep. from Cancer Services

February 25, 2026
Survivorship
Laura Muller, CNP

March 25, 2026
Community Health Worker
Marsie McLaury

April 22, 2026
Side Effects;
When to Report Side Effects
Laura Muller, CNP

May 27, 2026
How to Take Care of Your Skin; Signs/
Symptoms to Look for on Skin
Mary Grieger, RN Oncology

**Cancer Support Get Togethers meet on the 4th Wednesday
September through May (except December) from 1-2pm
in the Magruder Conference Center, 615 Fulton Street, Port Clinton.**

This group is free and open to anyone impacted by cancer, including patients, caregivers and family members. You do not have to be a patient of Magruder Oncology to attend. There will be an expert presentation on a different topic each month, and then the remainder of the time will be for questions/answers and open discussion.

RSVP is not required, but recommended:
Contact Rachel Fall
419-732-4061
rfall@magruderhospital.com



YOGA

We now have TWO yoga classes in our conference center.

- **Wednesday evenings from 6:00-7:00pm.** The class is for all levels, including Gentle Yoga, Restorative Yoga, Yin Yoga and Slow Flow and are suitable for the beginner to the seasoned yoga student. The cost per class is \$15. Class passes are available: \$65 for 5 classes; \$120 for 10 classes; \$165 for 15 classes. Class passes will never expire. For more information call 419-967-3030.
- **Tuesday & Thursday evening** Hatha Yoga classes are geared for all levels of ability.
 - o **Tuesdays from 6:00-7:15pm.** More information call 419-349-6641.
 - o **Thursdays from 5:45-6:45pm.** More information call 330-858-1890.

MAGRUDER LAB DRAW LOCATIONS

Magruder Hospital Lab

615 Fulton Street, Port Clinton
419-734-3131 ext. 3414

RW Minick Medical Center Lab

11697 W. State Route 163
Oak Harbor | 419-898-0993

Ottawa Family Care Center Lab

2861 E. Harbor Road, Port Clinton
419-732-1833

Put-in-Bay Fire Department

199 Concord Avenue, Put-in-Bay

PLEASE NOTE: There have been changes to the lab draw locations & hours since the printing of this newsletter. Scan the code below for current lab information.

Scan code for lab draw locations, hours and maps OR visit magruderhospital.com and go to Lab Services



Winter 2026
Flu Shots, Community Events,
Lab Draw Locations &
Screenings, VIP Trips & more

*Please call to confirm that
events/screenings are taking
place as planned.*

MAGRUDER HOSPITAL
PHARMACY
at BASSETT'S



For anyone 7 years & older • Regular and High Dose Flu Vaccine
Bring your insurance card. If you don't have insurance, the cost of a regular dose flu shot is \$40, and the cost of a high dose flu shot is \$100. You can also check with your primary care provider about getting a flu vaccine at their office. The Pharmacy behind Magruder Hospital will not be doing flu shots at that location this year.


WALK-IN FLU & COVID SHOTS available during regular hours at
FLU & COVID VACCINES IN THE COMMUNITY & IN THE HOSPITAL



Bassett's Market Knoll Crest
3994 E Harbor Rd
Port Clinton, OH 43452
phone 419-301-4339
fax 419-960-8027

Monday - Friday: 9:00am - 7:00pm*
Saturday: 9:00am - 5:00pm*
Sunday: closed
*closed for lunch daily 1:30-2:00pm

Magruder Pharmacy
for more information
scan the code
above or visit
magruderhospital.com



MAGRUDER HOSPITAL
PHARMACY
at BASSETT'S

